

# Kale Caesar Salad Kit

Includes an assembly instruction card • Salad greens are not included – you will need kale to complete the meal • Serves 4 to 6 people • All items included in the kit are also sold separately for use in any dish you can dream up!

**INCLUDES:** Caesar Dressing, Coconut Bacon, Sprouted Croutons, Sundried Tomatoes, Capers, Mixed Seeds



## Caesar Dressing (355 mL)

**INGREDIENTS:** olive oil\*, lemon concentrate\*, filtered water, garlic\*, capers\*, nutritional yeast\*, dijon mustard\*, salt.



## Coconut Bacon (227 g)

**INGREDIENTS:** coconut\*, wheat free tamari, maple syrup\*, liquid smoke, salt.



## Sprouted Croutons (227 g)

**INGREDIENTS:** sprouted rye\*, sprouted spelt\*, sprouted kamut\*, sprouted triticale, olive oil\*, garlic\*, oregano\*, salt.



## Sundried Tomatoes (30 g)



## Capers (32 g)



## Mixed Seeds (227 g)

Soaked and then dehydrated, which helps provide greater absorption of nutrients and increase digestibility.  
**INGREDIENTS:** sunflower seeds\*, pumpkin seeds\*, sesame seeds\*, hemp seeds\*, olive oil\*, salt, cayenne\*.

ORGANIC (\*)